

Seizure Recognition and Response



SEIZURE TYPE	WHAT IT LOOKS LIKE	WHAT IT IS NOT	WHAT TO DO	WHAT NOT TO DO
Generalized Tonic Clonic (formerly called Grand Mal)	Sudden cry, fall, rigidity, followed by muscle jerks, shallow breathing, bluish skin, possible loss of bladder or bowel control, usually last a couple of minutes. Normal breathing then starts again. There may be some confusion and/or fatigue, followed by a return to full consciousness.	Heart attack Stroke	Look for medical identification. Protect from nearby hazards. Loosen ties or shirt collars. Protect from head injury. Turn on side to keep airway clear unless injury exists. Reassure as consciousness returns. If single seizure lasted less than five minutes, ask if hospital evaluation is wanted. If multiple seizures, or if one seizure lasts longer than five minutes, call an ambulance. If person is pregnant, injured or diabetic call for aid at once.	Don't put anything in the mouth. Don't try to hold tongue. Don't try to give liquids during or just after seizure. Don't use artificial respiration unless breathing is absent after muscle jerks subside, or unless water has been inhaled. Don't restrain.
Absence (formerly called Petit Mal)	A blank stare, beginning and ending abruptly, lasting only a few seconds, most common in children. May be accompanied by rapid blinking, some chewing movements of the mouth. Child or adult is unaware of what's going on during the seizure, but quickly returns to full awareness once it has stopped. May result in learning difficulties if not recognized and treated.	Daydreaming Lack of attention Deliberate ignoring of adult instructions	No first aid necessary, but if this is the first observation of the seizure(s), medical evaluation should be recommended.	
Simple Partial (also called Focal Without Change in Awareness)	Jerking may begin in one area of body, arm leg or face. The jerking can't be stopped but the patient stays awake and aware. Jerking may proceed from one area of the body to another and sometimes spreads to become a convulsive seizure. Partial sensory seizures may not be obvious to an onlooker. Patient experiences a distorted environment. May see or hear things that aren't there, may feel unexplained fear or sadness, anger or joy. May have nausea, experience odd smells, and have a generally "funny" feeling in the stomach.	Acting out. Bizarre behavior Hysteria Mental illness Psychosomatic illness Para psychological or mystical experience	No response/first aid is necessary unless seizure becomes convulsive, then first aid as above. No immediate action needed other than reassurance and emotional support. Medical evaluation should be recommended.	



HAV-IT MONTHLY

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Epilepsy Awareness

What is epilepsy?

Epilepsy is a neurological disorder and characterized by a tendency for recurrent, unprovoked seizures. These seizures are caused by sudden, synchronized bursts of electrical energy in the brain.

What causes epilepsy?

Epilepsy can be genetic, caused by a brain injury, or a number of other factors. In many cases, the cause is unknown.

What is a seizure?

A seizure is a brief disruption of normal brain activity.

What are some signs someone may be experiencing a seizure?

- A blank stare or staring into space
- Temporary confusion
- Jerking muscle movements
- Loss of consciousness or awareness
- Sensory changes in hearing, vision, smell, etc.

Did you know?

About three million people have active epilepsy in the United States. That includes approximately 470,000 children. Globally, around fifty million people have it and an estimated five million are diagnosed with it each year.

For more information on epilepsy, seizures and seizure first aid response:

Visit epilepsy.com/recognition/first-aid-resources



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Be somebody who makes everybody feel like a somebody.

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Thank You Veterans



Contact Us

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A SMILE BREAKS EVERY LANGUAGE BARRIER



Visiting St. Anna School

“Knowledge is power. Information is liberating. Education is the premise of progress.”
- Kofi Annan

“The only true wisdom is in knowing you know nothing.”
- Socrates

“Every day is a day to learn something.”
-Val Olson



Congratulations to Melissa for winning 1st Prize at the Boo Bash's costume contest as Minnie Mouse!

1st Place Costume Contest at our Party: Congratulations to the Scooby Gang!

Costume



1st Place: Spookiest Lunch at the Party

Jack-O-Lantern Quesadillas & Spooky Cookies



Delivering Treat Bags to Kindergarten



Blind Sensory Games



There's no wrong way of doing art. It's an expression of the individual.

Swizz Beatz